

Dinner Recipe: Chicken Curry in a Brick

Ingredients

- 1 whole chicken (with skin)
- 4 tbsp greek yogurt
- 5 roma tomatoes (cut in wedges and then in quarters)
- 1 large brown onion (cut thinly lengthwise)
- 2 inches of ginger (cut in small pieces)
- 4 garlic cloves (cut lengthwise)
- 2 serrano chilies (cut lengthwise)
- cilantro (to garnish)
- 2 bay Leaves
- 2 cinnamon sticks
- 4-5 cloves
- 3 tsp avocado oil
- 1 tsp turmeric
- 1 tsp Life is a Recipe® Garam Masala
- 1 tsp paprika
- ½ tsp salt (more to taste)
- $\frac{1}{8}$ chili powder (to taste, I don't know about you but I like it spicier)
- ½ cup of water

Instructions

- 1. Soak clay oven in water (follow the directions of your clay pot).
- 2. Take avocado oil, drizzle and then rub it all over the bottom of the clay oven.
- 3. Poke holes all over the chicken.
- 4. Stuff the holes with ginger and garlic.
- 5. Place chicken in the clay oven.
- 6. Add in onion around the chicken.
- 7. Next, add Life is a Recipe® Garam Masala, turmeric, paprika, chili powder, and salt.
- 8. Rub spices all over chicken.
- 9. Add water.
- 10. Drizzle chicken with 3 teaspoons of avocado oil.
- 11. Add in bay leaves, cinnamon sticks, and cloves.
- 12. Add chopped cilantro.
- 13. Stir all ingredients together.
- 14. Stuff the cavity with half of the mixture.
- 15. Top with sliced chilies.
- 16. Bake at 425 degrees for 90 minutes.
- 17. Garnish with cilantro.